

Stoke Orchard & Tredington Newsletter



September 2026

'In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters.'

So begins Genesis, the first book in the Bible, and these words were close to my heart during my three month sabbatical. To me, there is a sense of peace, of possibility, and of the Spirit of God just visible on the surface of the water. I have spent a lot of time in my sabbatical near or on or in the water!

First, I trained as an Open Water Lifeguard. Duly kitted out in the obligatory red and yellow shirt and shorts, I now sometimes volunteer at the lake where I swim. It is such a privilege to enable others to discover the joy of open water swimming!

Then in June I went to The Netherlands to see my family, and used the opportunity to swim in lakes I had not been to before and in the sea, and to dance 5 Rhythms with different teachers in different places, including on one particularly memorable occasion on the beach in a gale! But sadly my pilgrimage walk was curtailed when the temperatures reached 35+ degrees. Maybe I'll try that another time.

Back in the UK in July I set foot on my friend's narrowboat while she moved onto her partner's boat, and once I had settled in I fell head over heels in love with living on a narrowboat. It was truly amazing! I have never felt so well, slept so well, or felt so at peace as I did there. My friend does not have a mooring so I had to learn to tie and untie the boat, move along the canal to the next mooring (no locks this time!), and plan water / toilet / bin / laundry / shopping trips depending on where the boat was moored. The most special times for me were the evenings, when nature and the birds were slowing down preparing for the night. I'd sit on deck in the gathering darkness, feel the cool breeze over the water, see the sun set and moon rise, listen to the birds, and the words from Genesis would spring to mind.

Now I'm back and in the process of catching up with everyone. If I haven't seen you yet, I hope we will meet soon!

For many of you this is the summer holiday, so I hope you enjoy a well-earned rest and time with family and friends, whether that's on water or on land - please come and tell me about your adventures too!

Peace and blessings to you all,

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Church Services - September

- Sunday 6th September • 9.30am Tredington MW
- Sunday 13th September • 9.30am Stoke Orchard HC
- Sunday 20th September • 9.30am Tredington HC
- Sunday 27th September • 9.30am Stoke Orchard HC



Stoke Orchard & Tredington Parish Council



Parish Councillors from May 16th 2025 are:-

Cllr Alan Macdonald (Chairman) • Councillor Sue Shorrock (Vice chair),
Cllr Andrew Troughton • Cllr James Gilder • Cllr Tim Jukes
Cllr Graham Ferguson • Cllr George Fairbairn

Contact Details - through the Clerk: Mrs Michelle Hinde

Email: clerk@stokeorchardandtredington-pc.gov.uk

Minutes of Past Meetings are to be found on the Parish Council Website.

Notice of Stoke Orchard and Tredington Parish Council Meeting

The next Parish Council Meeting will be on Wednesday September 2nd, 2026 at 7pm at the Community Centre, Stoke Orchard and will be held according to standard Parish Council Meeting regulations. The Council will continue the Clerks special Powers Facility invoked for Covid Regulations for the foreseeable future.

www.stokeorchardandtredington.org.uk

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Dear Resident,

Hope all is well in your world! Hope you've had lovely hols and have been coping with the heat. Here's the usual summary of what we have been up to this month. 😊

- There have been two attempts to start fires on the Orchard estate recently. Could I ask parents to please warn their kids of the dangers of doing this at the moment please. The whole area is tinder dry, and any fire will go out of control rapidly.
- Discussions are ongoing with authorities to try to redo the TRO's (Traffic Regulation Orders) pertaining to Stoke Road, both regarding the speed limit position outside Roseleigh to move the 30mph back towards the tip, and a further one to try to limit heavy goods traffic to much lower than the current 17 tons. We will need two separate ones, which aren't cheap, and we are trying to persuade the relevant authorities to pay for them.
- An update on the M5 Junction 10 mitigation scheme due to be implemented on Stoke Road. This will now go-ahead week commencing October 26th and will take four weeks. It will involve road closures sadly, but the end result will hopefully be worth it. Week 1 will involve the build out at the church, week two the build out at Banady Lane, week three will be installing additional street lighting around the church area, and week four adding extra signage and lining to accommodate the changes. We have been assured that all agricultural vehicles will be able to negotiate the build outs, and there will be pedestrian crossings at each of them. A 20mph zone will apply throughout the village, and the signage will reflect that. We will be getting a new village name sign at the tip to replace the badly discoloured one, and we're hoping to access the line painters to do some extra lining around the community centre. Whilst the arrangement may not be ideal for all, the ultimate purpose

is to try to dissuade rat-run motorists from using our village as a cut-through, and to slow them down too, which can only be a good thing.

- On Saturday 1st August, we invited Joe Baddely, constructor of our pump track, to come for the day and advise youngsters on techniques and safety on the track. We had a good attendance throughout the day, and he enjoyed putting on competitions and teaching our kids. And showing off too, of course! 😊



Have a good month all !! 😊

Recycling & Waste Collection Dates for September 2026 – Stoke Orchard & Tredington

BLUE	Friday 4th	Thursday 17th	Thursday 1st Oct
GREEN	Thursday 10th	Thursday 24th	Thursday 8th Oct

Vicar	Revd Ilse Ferwerda	01452 780880	apperleypriest@gmail.com
Assistant Priest	Rev. Kay Mundy	01452 780634	therevkaymundy@gmail.com
Church Warden	Tessa Mills	01684 216563	
Reader and Young People's Church	Mrs Vivienne Troughton, Tredington	01684 293540	
Tredington Primary School	Head Mrs Emily Watton	01684 293617	Head.TPS.glatrust.org.uk
Tredington Church Hall/ Village Hall	Frank Jukes	01684 292143	tredingtonvillagehall@gmail.com
Stoke Orchard Community Centre Bookings	Nikki Clegg	01242 680941	info@stokeorchard.org

SPOT THE DIFFERENCE!

Can you find **10** differences bewteen these two pictures?



You'll find the answers on the next page...



POETS CORNER – THE BER MONTHS ARE COMING

A whisper stirs the late August breeze,
The green begins to fade from the trees.
A sudden chill in the evening air,
Tells us the Ber months are finally here.

September arrives with a golden hue,
The mornings are crisp and painted in dew.
Autumn steps in to claim its crown,
As amber and copper leaves shower the town.

October follows with shadow and flame,
Carving out lanterns and shouting its name.
The harvest is gathered under the moon,
And cozy wool sweaters are pulled from the room.

November slows down with a quiet grace,
A blanket of mist on the valley's face.
We gather together to share and be glad,
Remembering blessings that we have had.

December then enters with joy and light,
Frosting the windows in glittering white.
The year comes alive with music and cheer,
The grandest finale to finish the year.

The "Ber" months are coming to close out the days,
In a beautiful blur of holiday haze.
From first falling leaf to the winter snow,
They bring us the sweetest comforts we know.



SPOT THE DIFFERENCE!

Did you find all 10 differences?

- 1 Sky is different
- 2 Tree is taller
- 3 Red telephone box is missing
- 4 Small tree is different
- 5 Patio umbrella is missing
- 6 Postbox is missing
- 7 Number on play ship is different
- 8 Blue hoop on playship is missing
- 9 Door is green instead of white
- 10 Bush has flowers

Tredington & Stoke Orchard News for September 2026

TREDINGTON & STOKE ORCHARD WI next meet on **Tuesday, September 8th at 7.30pm** in Tredington Village Hall. Our speaker will be Josephene Murray and her subject is "Life & Work of a Literary translator from Nuremburg to Molly the Bunny". This is an open meeting so please bring any friends or partners who might be interested, & of course, visitors & new members too.

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TREDINGTON & STOKE ORCHARD GARDENING CLUB are meeting at Tredington Village Hall on **Monday, September 21st** to hear Caroline Sheldrick tell us about "Medicinal Herbs in the Garden". Please come along & join us as a visitor or a new member. You will be made very welcome.

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TREDINGTON VILLAGE HALL COMMITTEE will be restarting "Afternoon Cake & Whist" on **Thursday, September 17th from 2-4pm** in Tredington Village Hall. The cost will stay the same: £5. Please ring Paddy on 01684 294053 to book your place. **NB: The rest of the sessions will be on the second Thursday starting on Thursday, October 8th.**

SEPTEMBER APPLE & BLACKBERRY CRUMBLE SERVES 4-6

Prep: 10-15 mins

Bake: about 35-45 mins

- 4-5 cooking apples, peeled, cored and sliced
- 150-200g fresh blackberries
- 100g plain flour
- 75g cold butter, cubed
- 75g brown or Demerara sugar
- 40g rolled oats
- ½ tsp cinnamon
- Pinch of salt
- 1 tbsp lemon juice



METHOD

1. Heat the oven to 190°C / 170°C fan / Gas 5.
2. Put the apples and blackberries into a baking dish. Toss with the lemon juice, cinnamon and a tablespoon of the sugar.
3. Rub the butter into the flour until you have a crumbly mixture.
4. Stir in the remaining sugar, oats and a pinch of salt.
5. Scatter the crumble evenly over the fruit.
6. Bake for 35-45 minutes, until golden and bubbling.
7. Serve warm with custard, cream or vanilla ice cream.

SOTPC COMMUNITY SURVEY

The Parish Council is exploring the creation of a Community Green Space and Sports Hub for Stoke Orchard and Tredington. This survey takes around 5 minutes to complete. Everyone is welcome to take part adults, young people and families. Most questions are quick tick box answers, and you can skip any question you prefer not to answer. We're gathering views on green space, youth provision, walking and cycling routes, community facilities and access to activities. Your feedback will directly shape future plans and support funding applications.

SECTION 1: ABOUT YOU

- Q1** Which best describes you? ☐ Resident ☐ Parent/carers
☐ Young person (under 18) ☐ Stoke Orchard Youth FC family
☐ Coach/volunteer ☐ Other
- Q2** Age group: ☐ Under 11 ☐ 11-17 ☐ 18-34 ☐ 35-54 ☐ 55-74 ☐ 75+
- Q3** Postcode _____

SECTION 2: COMMUNITY FACILITIES & GREEN SPACE

- Q4** Do you feel the parish has enough facilities and green spaces for the level of housing growth? ☐ Yes ☐ No ☐ Unsure
- Q5** Which types of facilities or spaces are currently lacking? (Select up to three)
☐ Usable green space ☐ Youth facilities ☐ Sports facilities ☐ Play facilities
☐ Safe walking routes ☐ Community meeting space ☐ Nature/biodiversity areas
☐ Other
- Q6** How would you rate access to usable community green space for recreation, play and everyday activity? ☐ Excellent ☐ Good ☐ Adequate ☐ Poor ☐ Very poor

SECTION 3: TRAVEL TO ACCESS ACTIVITIES

- Q7** Do you travel outside the parish to access any of the following? ☐ Green space
☐ Walking routes ☐ Children's play ☐ Sport/exercise ☐ Youth activities
☐ Community events ☐ Nature/outdoor recreation ☐ I do not travel elsewhere
- Q8** Why do you travel elsewhere? ☐ No suitable provision locally ☐ Facilities are full
☐ Too far away ☐ Do not meet my needs ☐ Lack of youth provision
☐ Lack of usable green space ☐ Other

SECTION 4: WALKING & CYCLING ACCESSIBILITY

- Q9** Is it safe and easy to walk around the parish? ☐ Yes ☐ No ☐ Unsure
- Q10** What makes walking difficult? (Select all that apply)
☐ Narrow footpaths ☐ Incomplete footpaths ☐ Busy roads ☐ Traffic speed
☐ Limited crossings ☐ Poor lighting ☐ Distance between facilities ☐ Other

Q11 Can young people safely cycle to neighbouring communities?

☐ Yes ☐ No ☐ Unsure

SECTION 5: YOUNG PEOPLE & FAMILIES

Q12 Are there enough things for young people to do locally? ☐ Yes ☐ No ☐ Unsure

Q13 Are there enough sports opportunities for children and young people in the parish?

☐ Yes ☐ No ☐ Unsure

Q14 Have you ever been unable to access sports or football activities because facilities were full or unavailable? ☐ Yes ☐ No

Q15 What would you most like to see? (Select up to three)

☐ Youth space ☐ Youth club ☐ Sports facilities ☐ Football Pitches
☐ Outdoor gym ☐ Creative/music ☐ Holiday activities ☐ Outdoor adventure
☐ Events

Q16 Do children/young people in your household rely on adults for transport to activities?

☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never

SECTION 6: COMMUNITY WELLBEING

Q17 Which opportunities would you value from a future community green space?

☐ Walking routes ☐ Nature/wildlife ☐ Informal exercise ☐ Volunteering
☐ Community gardening ☐ Community events ☐ Volunteering/Seating/social spaces ☐ Intergenerational activities ☐ Wellbeing activities ☐ Other

Q18 Do you believe a community green space could help reduce social isolation and improve wellbeing? ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree

☐ Strongly disagree

SECTION 7: FINAL QUESTION

Q19 Do you support the creation of a Community Green Space and Sports Hub in the parish?

☐ Strongly support ☐ Support ☐ Neutral ☐ Oppose ☐ Strongly oppose

Q20 Please tell us why:

Please can completed Surveys be returned by 7th September 2026 and posted into the community centre post box (white post box by main hall doors).

Community Survey - Stoke
Orchard and Tredington Parish
Council





The power of volunteering in our village

Why volunteering matters

Our village is a special place. We have a wonderful community centre, a great park and beautiful open spaces that we can all be proud of. However, keeping these places welcoming, attractive and well cared for does not happen by accident. It happens because people are willing to give their time, energy and skills to help their community.

Volunteering, whether it involves a few minutes, a few hours or regular involvement, can make a real difference. Every contribution, no matter how small, helps to make our village a better place for everyone.

Volunteering can help us:

- Keep our village looking clean and attractive.
- Create spaces where everyone feels welcome.
- Bring people together and strengthen our community.



What does volunteering look like?

Volunteering does not have to be a big commitment to be valuable. There are many simple ways we can all get involved.

You could help with litter picking to keep our streets, parks and open spaces clean. You might help with projects that improve the village or lend a hand with painting and small DIY jobs at the community centre, in the park or around our open spaces.



You could water plants, tend to new plantings and help our village bloom. You might also have an idea for a new project or initiative that could benefit the community.

Volunteering can also mean helping at community events. Without our trusted volunteers giving their time and support,

we would not be able to enjoy many of the events and activities that bring our village together.

There is no single way to volunteer. Whether you have practical skills, creative ideas, a little spare time or simply a willingness to help, there is always something you can contribute.

The benefits to our community

When people volunteer, the whole village benefits.

Together, we can create a cleaner, greener and more welcoming place for everyone. Volunteers help make it possible to provide more events and activities for residents to enjoy, while creating opportunities for people to meet and get to know their neighbours.

Volunteering also creates a stronger sense of community. When we work together and see the difference our efforts can make, it gives us a genuine sense of pride in where we live.



The benefits to you

Volunteering is not just about giving – it is about gaining too.

By getting involved, you can meet new people, make friends and become more connected with your community. You may also could learn new skills, develop existing ones and gain confidence through trying something new.

Perhaps most importantly, volunteering gives you the feel-good factor that comes from knowing you have made a real difference. Even a small act of kindness or a few hours of your time can have a positive impact on the people and places around you.

Our village is what we make of it

Our village belongs to all of us, and we all have a part to play in keeping it welcoming, vibrant and cared for.

Through simple acts of kindness, community spirit and volunteering, we can keep our community centre thriving, our parks beautiful and our open spaces looking their best.

Every helping hand matters. Every idea has value. Every small contribution can make a difference.



We need your help!

Community litter picking event

**Sunday 13th September
9.30am**

Meet at the community centre





Stoke Orchard Community Centre



The summer holidays have been rather busy. The park has been full of activity and so has the hall.

We've had some regular hirers on their annual break, but weekends have been extremely busy, and we've had such a vast array of events, such as baby showers, christenings, weddings, a hen party, so many birthday parties, dance practices. It's fantastic to have such an amazing space that everyone can enjoy.

As the Community Centre is such a popular venue we do get very booked up, if you are interested in hiring the hall, please do consider planning to avoid any disappointment. All residents of Stoke Orchard and Tredington received a discounted rate on all bookings. To make a booking enquiry please email booking@stokeorchard.org

Parking We have had a few complaints regarding parking, I would like to reiterate that we do advise all hirers to inform their guests where to park, we have had new signs to encourage use of the car park, but we cannot control if people decide not to use this. As there are also visitors to park and the shop, we have placed cones along the pathway to deter parking.

The next month brings some exciting planning, The Halloween Party is back for another year, and we have a Halloween Big Band pub night too. Look out for the posters !!

MONDAY

ZUMBA 9.30-10.30am

Michele.darnell@btinternet.com

COMING SOON! TAEKWONDO

Classes from October

TUESDAY

**15TH SEPTEMBER
U3A ART APPRECIATION** 2-4pm

PILATES BY CHARLOTTE

9.30-10.30am

Pilatesbycharlotte@gmail.com

TRED TRAINING Kettles 6.30pm

Hog Pilates 7.20pm

tredtraining@outlook.com

WEDNESDAY

**STOKE ORCHARD BABY AND
TODDLER GROUP** 9.30-11am

LINE DANCING CLASS 7pm

£6pp, No need to book, just turn up!

5 Star Liners Joanneroche84@gmail.com

THURSDAY

**3RD SEPTEMBER
U3A SCIENCE GROUP** 2-4pm

**17TH SEPTEMBER RIDE ON TIME/
TRAIN MASTER PLAY SESSION** 1-4pm
cotswolds@rideontimehire.com

FRIDAY

GRAVITY FITNESS - PILATES

9.30-10.30am • gravityfitness@live.co.uk

GRAVITY FITNESS - BOOTCAMP

12.30-1.15pm • gravityfitness@live.co.uk

SATURDAY

**5TH SEPTEMBER
COMMUNITY DAY** - Stoke Orchard
Community Centre

SUNDAY

TRED TRAINING Kettle Bell HIIT 9am
Body Weight HIIT 9.30am
tredtraining@outlook.com

GRAVITY FITNESS



THE FITNESS
ATTIC



REFORMER INTRO OFFER

THE FITNESS
ATTIC

**MEMBERS 2X CLASSES
£25**

**NON MEMBERS 2X CLASSES
£30**

*Our classes are welcoming
for beginners, led by patient
and experienced instructors.*

Reformer Timetable

MONDAY

9.30 - 10.20am Mixed Ability
10.30 - 11.20am Beginners
12.30 - 1.20pm Mixed Ability

TUESDAY

6.15 - 7.05pm Mixed Ability

WEDNESDAY

5.00 - 5.50pm Mixed Ability
6.00 - 6.50pm Beginners
7.00 - 7.50pm Mixed Ability

THURSDAY

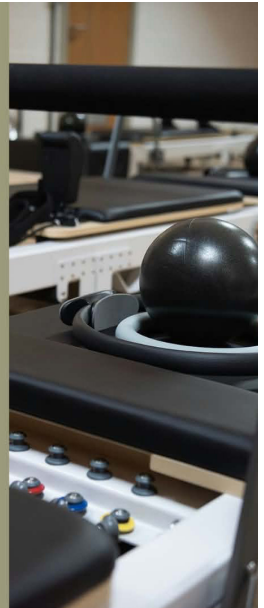
9.30 - 10.20am Beginners
10.30 - 11.20am Mixed Ability

FRIDAY

7.00 - 7.50pm Mixed Ability

SATURDAY

9.00 - 9.50am Mixed Ability





It's been a fantastic 8 months since we opened our doors, and we just want to say a huge thank you to everyone who has supported us so far!

The feedback has been brilliant, and we've seen more and more people choosing to use their local store. We're absolutely delighted with how things are going.

We'd love to encourage even more of you to shop local and continue using our store. The more our community uses and supports us, the greater the chance we have of keeping a small local store open and here for everyone.

We offer a range of useful services too, including Royal Mail and Relay parcel services, making it easy to send and collect your parcels locally.

We also have in-store promotions every 3 weeks, helping everyone save a little where they can. With times being tough for many families, we hope these offers can make a real difference.

Most importantly, our main motto has always been to help and give back to our community. We're proud to be part of Stoke Orchard and want to continue supporting the people who support us.

Thank you once again for making our first 8 months so special.

Please keep shopping local, keep supporting local, and help us keep our little store going!

Your Local Convenience Store Team



OPENING HOURS

Monday – Saturday: 7:00am – 8:00pm

Sunday: 8:00am – 7:00pm



Our print will get you noticed!



Fast, friendly and reliable print and design solutions at a price to suit all budgets.

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