

Stoke Orchard & Tredington Newsletter



May 2026



Ordinary Time...

As we are moving into a long period of what the church calls 'ordinary time' a time of extraordinary rest and physical, mental / emotional, and spiritual renewal begins for me. During May, June, and July, I will be on sabbatical, hopefully returning refreshed and full of vigour and renewed energy! I will do this by spending time not just resting, but doing activities that put me firmly into an awareness of the presence of God: open water swimming (and doing an Open Water Lifeguard course), pilgrimage walking (in June I will walk part of a new pilgrimage route across the north of The Netherlands - not a hill or mountain in sight so easy walking!), and dancing (I will attend classes of 5 Rhythms and Ecstatic Dance in the UK and The Netherlands). I have devised a short questionnaire asking people to say something about how they perceive the relationship between doing these activities and the presence of God or link to any other faith or tradition, and the results of this will be part of the 25,000 word dissertation I have to write for the course in Spiritual Accompaniment which I began in February this year.

I will be in the UK other than the three weeks I will spend in The Netherlands, but will be out and about walking and swimming and dancing. And in July, I will be on a narrowboat on the Kennet & Avon Canal - one of my friends lives on a narrowboat and she offered hers to me for that month. She is going to live on her partner's much bigger narrowboat for that time (they have a boat each).

Wish me luck as I try to figure out how to handle not just the boat but also the river locks, water supply, toilet issues, and navigation.... I shall report back on this when I am back!

You are in the very capable and competent hands of the ministry team, wardens, and PCC members, and hooray we have a new administrator, Emily, who can help direct emails to the right person!

I look forward to catching up with everyone on everything that has been going on in my absence, and peace and blessings to you all,

Ilse



Stoke Orchard & Tredington Parish Council



Parish Councillors from May 16th 2025 are:-

Cllr Alan Macdonald (Chairman) • Councillor Sue Shorrock (Vice chair),
Cllr Andrew Troughton • Cllr James Gilder •
Cllr Tim JukesCllr • Graham Ferguson

Contact Details - through the Clerk: Mrs Michelle Hinde

Email: clerk@stokeorchardandtredington-pc.gov.uk

Minutes of Past Meetings are to be found on the Parish Council Website.

Notice of Stoke Orchard and Tredington Parish Council Meeting

The next Parish Council Meeting will be on Wednesday May 6th, 2026 at 7pm at the Community Centre, Stoke Orchard and will be held according to standard Parish Council Meeting regulations. The Council will continue the Clerks special Powers Facility invoked for Covid Regulations for the foreseeable future.

www.stokeorchardandtredington.org.uk

Dear Resident,

We're getting there, although it seems a long time coming this year. Roll on the milder weather!

Here's the usual summary of what we have been up to this month. 😊

- We had comms with the Cotswold Oak developer regarding several issues with the area they have installed the new pavement from their development.

A landscaping contractor will be attending to renew the fence bordering their plot, to tidy and level all areas, and to reseed where needed. Additional planting will be done down Swan Lane too. The two lampposts that are very close together: the outdated one is being removed.

However, Cotswold Oak are having trouble ascertaining who is responsible for the supply so they can disconnect it! They have tried National Grid, Highways and the County Council but nobody seems to know. Suggestions on the back of a postcard please! 😊

- I regret to say that Councillor George Fairbairn has resigned from the PC. As a young parent with a very busy job, this is completely understandable, and all of us on the Council thank him for his help and support through the years. There is therefore a vacancy, should anyone wish to join our dynamic and community-minded council. It is very rewarding and pleasing to get things done in our fantastic community. Any applications should be made to the clerk by the 12th of May should you be interested. clerk@stokeorchardandtredington-pc.gov.uk

- The meeting room mural is done and looks amazing!



- Councillor James Gilder cleared the fallen trees on Watery Lane (right).
- Date for your diary: On Saturday 1st August, Joe Baddeley, who built our pump track will be coming there for the day to offer tips, training and advice, and maybe the odd trick or two! Joe regularly does displays and stunts at festivals like Lakefest. It promises to be a great day so please come along.



Have a good month all !!

Recycling & Waste Collection Dates for May 2026 - Stoke Orchard & Tredington

BLUE	Thursday 14th	Friday 29th	Thursday 11th June
GREEN	Friday 8th	Thursday 21th	Thursday 4th June

Vicar	Revd Ilse Ferwerda	01452 780880	apperleypriest@gmail.com
Assistant Priest	Rev. Kay Mundy	01452 780634	therevkaymundy@gmail.com
Church Warden	Tessa Mills	01684 216563	
Reader and Young People's Church	Mrs Vivienne Troughton, Tredington	01684 293540	
Tredington Primary School	Head Mrs Emily Watton	01684 293617	Head.TPS.glatrust.org.uk
Tredington Church Hall/ Village Hall	Frank Jukes	01684 292143	tredingtonvillagehall@gmail.com
Stoke Orchard Community Centre Bookings	Nikki Clegg	01242 680941	info@stokeorchard.org

SEVERNSIDE BENEFICE SERVICE ROTA MAY - JULY 2026

	Readings	Apperley	Deerhurst	Forthampton	Chaceley	Tredington	Stoke Orchard
3rd May 5th of Easter	White Acts 7.55-end 1 Peter 2.2-10 John 14.1-14 Psalm 31.1-5	1100 HC KM	0800 HC BCP KM	1800 Evensong Rev'd Canon Craig Huxley-Jones		0930 MP VT	
10th May 6th of Easter	White Acts 17.22-31 1 Peter 3.13-end John 14.15-21 Psalm 66.7-end		1100 HC Rev'd Andrew Buchanan	1100 MP MAP			0930 HC Rev'd Andrew Buchanan
17th May 7th of Easter	White Acts 1.6-14 1 Peter 4.12-14; 5.6-11 John 17.1-11 Psalm 68.1-10	1100 MP RT	0800 HC BCP Rev'd Canon Rebecca Lloyd	1100 Sung Euch Rev'd Ron Hesketh		0930 HC Rev'd Ron Hesketh	
24th May Pentecost	Red Acts 2.1-21 1 Corinthians 12.3b-13 John 20.19-23 Psalm 104.26-end		1800 Evensong Rev'd Canon Rebecca Lloyd	0930 HC BCP CEW	1100 HC BCP CEW		0930 HC Rev'd Canon Craig Huxley- Jones
31st May Trinity Sunday	White Isaiah 40.12-17, 21-end 2 Corinthians 13.11-end Matthew 28.16-end Psalm 8		1000 Benefice HC KM				
7th June 1st after Trinity	Green Hosea 5.15 – 6.6 Romans 4.13-25 Matthew 9.9-13, 18-26 Psalm 50.7-15	1100 HC JE	0800 HC BCP Rev'd Canon Craig Huxley-Jones	1800 Evensong Rev'd Debbie Orriss		0930 MP VT	
14th June 2nd after Trinity	Green Exodus 19.2-8a Romans 5.1-8 Matthew 9.35 – 10.8 Psalm 100		1100 HC Rev'd Andrew Buchanan	1100 MP MAP			0930 HC Rev'd Andrew Buchanan
21st June 3rd after Trinity	Green Jeremiah 20.7-13 Romans 6.1b-11 Matthew 7.1-5 Psalm 69.14-20	1100 MP RT	0800 HC BCP Rev'd Canon Craig Huxley-Jones	1100 Sung Euch Rev'd Ron Hesketh		0930 HC Rev'd Ron Hesketh	
28th June 4th after Trinity	Green Jeremiah 28.5-9 Romans 6.12-end Matthew 10.40-end Psalm 89.8-18		No evensong	No HC BCP	1000 Benefice HC CEW		No HC

SEVERNSIDE BENEFICE SERVICE ROTA MAY - JULY 2026

	Readings	Apperley	Deerhurst	Forthampton	Chaceley	Tredington	Stoke Orchard
5 th July 5 th after Trinity	Green Zechariah 9.9-12 Romans 7.15-25a Matthew 11.16-19, 25-end Psalm 145.8-15	1100 HC JE	0800 HC BCP Rev'd Canon Rebecca Lloyd	1800 Evensong Rev'd Debbie Orriss		0930 MP VT	
12 th July 6 th after Trinity	Green Isaiah 55.10-13 Romans 8.1-11 Matthew 13.1-9, 18-23 Psalm 65		1100 HC Rev'd Andrew Buchanan	1100 MP MAP			0930 HC Rev'd Andrew Buchanan
19 th July 7 th after Trinity	Green Isaiah 44.6-8 Romans 8.12-25 Matthew 13.24-30, 36-43 Psalm 86.11-end	No MP	0800 HC BCP Rev'd Debbie Orriss	No Sung Euch		1000 Benefice HC Rev'd Ron Hesketh	
26 th July 8 th after Trinity	Green 1 Kings 3.5-12 Romans 8.26-end Matthew 13.31-33, 44-52 Psalm 119.129-136		1800 Evensong AC	No HC BCP	1100 HC BCP JE		0930 HC TBA



SPRING LEMON GARLIC ASPARAGUS

Here's a bright, simple spring asparagus recipe you can make in under 20 minutes – fresh, lemony, and perfect for the season.

Prep 5 min
Cook 12 min
Serves 4

INGREDIENTS

- 1 bunch fresh asparagus, trimmed
- 2 tbsp olive oil
- 2 cloves garlic, finely sliced or minced
- 1 lemon (zest + juice)
- 1/4 tsp salt
- 1/4 tsp black pepper

Optional

Parmesan shavings or toasted pine nuts for serving

INSTRUCTIONS

1. Prep the asparagus and trim the woody ends from the asparagus. Pat dry so it roasts well.
2. Season asparagus with olive oil, garlic, salt, pepper, and lemon zest and mix
3. Next roast, spread on a baking tray and roast at 200°C (400°F) for 10-12 minutes until tender with lightly crisp tips.
4. To finish, squeeze with fresh lemon juice over the hot asparagus.
5. Top with parmesan or pine nuts if you like and serve immediately.

REFORMER INTRO OFFER

**MEMBERS 2X CLASSES
£25**

**NON MEMBERS 2X CLASSES
£30**

*Our classes are welcoming
for beginners, led by patient
and experienced instructors.*

GRAVITY FITNESS



THE FITNESS
ATTIC

Reformer Schedule

MONDAY

9.30AM Mixed Ability
10.30AM Beginners
12.30PM Beginners

TUESDAY

6.15PM Mixed Ability

WEDNESDAY

5.00PM Mixed Ability
6.00PM Beginners
7.00PM Mixed Ability

THURSDAY

9.30AM Beginners
10.30AM Mixed Ability

FRIDAY

7.00PM Beginners

SATURDAY

8.30AM Mixed Ability



Community Centre News – April Update

The renovation of The Community room is well under way, our fantastic mural was completed by Brandon, the view from the stile in amongst the hedgerow on Mill Lane, overlooking towards the chapel in an early morning. There's lots more improvements to the room, so watch this space.

Congratulations to our regular hirer – Chill Dance Academy

Chloe and her amazing group of dancers are **GUINNESS WORLD RECORDS HOLDERS!** They participated in the most backing dancers to a singer is 1,123, achieved by Pro-Excel, Bradford Bulls RLFC, Sigala and Shanice Steele in Bradford, West Yorkshire, UK, on 20 March 2026.

This incredible achievement brought together performers from across the UK, Ireland and the Isle of Man to take part in a large-scale live stadium performance.

Congratulations to all involved in this official Guinness World Records achievement.

A few words from Community Sport Foundation

Unfortunately, we've had to end the after school sports club. The number of children attending each week wasn't enough to keep it running, which is disappointing for everyone involved. We're especially sorry for the children who took part consistently and really enjoyed the sessions. Thank you for being part of the club.

A quick reminder about our Preloved Book Swap in the lobby, we now have jigsaws too. If you can bring a book to swap, that's perfect, but we're also happy for you to take a book home. Adult and children's books available. Pop in and take a look and share the love of reading. You can also find a book swap in the Telephone Box in Tredington





Stoke Orchard Community Centre



MONDAY

ZUMBA 9.30-10.30am
Michele.darnell@btinternet.com

CHILL DANCE ACADEMY 5.30-7.30pm
Chloe 07972 350896

TUESDAY

PILATES BY CHARLOTTE 9.30-10.30am
Pilatesbycharlotte@gmail.com

CHILL DANCE 4.30-6.15pm
Chloe 07972 350896

TRED TRAINING Kettles 6.30pm
Hog Pilates 7.20pm
tredtraining@outlook.com

CHILL DANCE 8-9pm
Chloe 07972 350896

WEDNESDAY

**STOKE ORCHARD BABY AND
TODDLER GROUP** 9.30-11am

BULGARIAN DANCING 5.45-7.45pm

THURSDAY

15TH MAY
U3A SCIENCE GROUP
2-4pm

19TH MAY
U3A ART APPRECIATION GROUP
2-4pm

CHILL DANCE 5.45-6.45pm
Chloe 07972 350896

FRIDAY

GRAVITY FITNESS - PILATES
9.30-10.30am • gravityfitness@live.co.uk

GRAVITY FITNESS - BOOTCAMP
12.30-1.15pm • gravityfitness@live.co.uk

SUNDAY

TRED TRAINING Kettle Bell HIIT 9am
Body Weight HIIT 9.30am
tredtraining@outlook.com

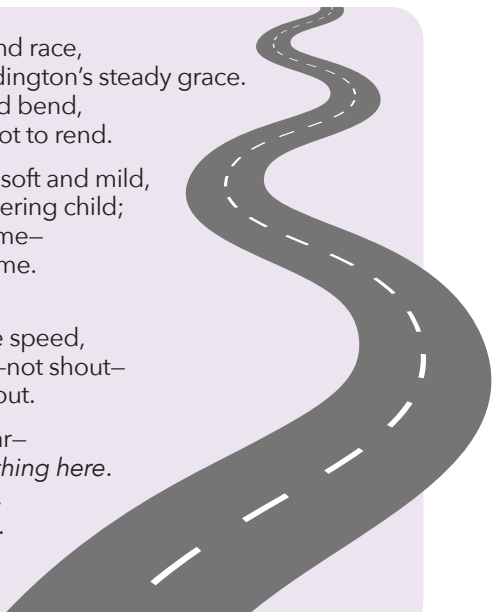
POETS CORNER - LIFE'S RUSH

Along Stoke Road the engines press and race,
through Stoke Orchard's calm and Tredington's steady grace.
A silver blur where hedgerows lean and bend,
where lanes were made for meeting, not to rend.

The rush cuts sharp through mornings soft and mild,
past garden gates, past dog and wandering child;
too fast for waves, for glances, for a name—
just passing lives that never stay the same.

So let the road itself begin to speak:
with painted lines that gently guide the speed,
with islands, curves, and signs that ask—not shout—
to trade a moment's haste for looking out.

And maybe, too, a village standing near—
a human pause that says, *there's something here*.
Not just a road to somewhere far away,
but lives that bloom along it, every day.



Tredington & Stoke Orchard News for May 2026

TREDINGTON & STOKE ORCHARD WI next meet on **Tuesday May 12th at 7.30pm in Tredington Village Hall** to vote on the WI resolutions. This will be followed by in house entertainment. Following on from an inspiring performance by poet, Denzeil Ellis at our April meeting, members are asked to bring their favourite poem , limerick or story to share

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TREDINGTON & STOKE ORCHARD GARDENING CLUB will be visiting **Forthampton Court on Thursday, May 21st** for a conducted tour starting at 2pm. Please note the different day & time. Please contact Bob on 07967 701454 if you need or want to share transport.

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TREDINGTON VILLAGE HALL COMMITTEE held their last Afternoon Tea, cake whist afternoon on April 9th when 16 people attended. The next time we meet will be on **Thursday, September 17th at 2pm** .Please note this is the third Thursday, not the second. From then on we will meet on the second Thursday.



CHRISTMAS TREE APPEAL

Although Christmas may feel a long way off, a little early preparation always makes the season run more smoothly. With that in mind, Friend of the Church, we will be holding a **Coffee Morning on Thursday 21st May, from 10.30am to 12.00 noon, at Hallbrooke, Tredington**. Everyone is most welcome to come along.

This year, we are raising funds for a new pre-lit Christmas tree for 2026

We hope you can join us for coffee, company, and a support good cause.



REQUEST FOR HELP AND DONATIONS

TRUSSELL TRUST TEWKESBURY shopping list for food bank. As we are able to shop at places like Bookers, a monetary donation would be much appreciated right now. BACS details are as follows:

Tewkesbury Foodbank, sort code 30-91-87, account no 52870560



EXCITING NEWS: STORE REBRAND UNDERWAY

We're excited to share that Stoke Orchard Store is currently undergoing a rebrand.

As part of this change, the store will no longer operate under the Londis name and will soon become GOLOCAL. You'll begin to see new fascia and signage appearing as we transition to our new identity.

This decision comes after careful consideration. We felt that the Londis vision no longer aligned with our direction for the store. GOLOCAL's ethos better reflects what we are looking to achieve – focusing on community, flexibility, and a more tailored approach to serving our customers.

Please note that the store will continue to operate as normal throughout this transition, so you can shop with us as usual without any disruption.

We're confident this change will allow us to continue improving your shopping experience while staying true to our values.

Thank you for your continued support, and we look forward to welcoming you to GOLOCAL soon!

OPENING HOURS

Monday – Saturday: 7:00am – 8:00pm
Sunday: 8:00am – 7:00pm



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